Minnesota Emergency Readiness Education & Training

Master Emergency Supplies List

Put in

my Go kit

l <u>have</u> this

item

	Check each item you need in this column.	the	en you ha item, ch ff here.		sh	entify the items that ould be stored in your o Kit.		
			ł	¥				
Food &	Water	l <u>need</u> this item	l <u>have</u> this item	Put in my Go kit		Kitchen Items	l <u>need</u> this item	
Water (1 gallon per person						Manual can opener		
per day)						All-purpose knife		
Canned food: meats,						Mess kits or paper plates,		
beans, vegetables, fruit,						cups, bowls & eating utensils		
soups, sau	ices					Re-sealable plastic bags		
Dried food: potatoes,						Aluminum foil, plastic wrap		
vegetables, fruit, pasta,						Towels & paper towels		
rice, cere	al, milk					Small cooking stove with fuel		
Frozen food	d: meats,					Household chlorine bleach to		
vegetables, fruit, pizza						treat drinking water		
Beverages bottled/canned/boxed: juices, water, soda, etc. coffee/tea						Pots & pans		•
						Other		
Staples: sug	gar, salt,					Clothing & Misc.		ĺ
pepper, s	pices					Complete change of clothes		
High energy food: peanut					-	Sturdy shoes or boots		•
butter, jelly, low-sodium crackers, granola bars, trail mix		—				Rain gear		
						Hat & gloves		
						Extra socks & underwear		
Cookies, ha	ard candy					Thermal underwear		
Special foods for infants or persons on special diets						Sunglasses		
						Blankets/sleeping bags		
Other						Pillows		•
						Towels		
						Games/cards		
						Books		
						Toys for children		
					1	Other		
					1			
					-			

Personal Care &	l <u>need</u>	l <u>have</u>	Put in
Sanitation	this	this	my Go
	item	item	kit
Toothbrush & toothpaste			
Shampoo/comb/brush			
Sunscreen/lip balm			
Insect repellent			
Lotion/creams			
Deodorants			
Razor, shaving cream			
Feminine supplies			
Towelettes			
Hand sanitizer			
Disinfectant/bleach			
Toilet paper			
Plastic bags for sanitation			
Soap			
Medium sized bucket/lid			
Diapers			
Tissues			
Extra eyeglasses			
Contact lenses & solution			
Hearing aids & batteries			
Hand sanitizer			
Other			
Pet Supplies			
Leash			
Food			
Pet carrier			
Other			

First Aid	l <u>need</u> this item	l <u>have</u> this item	Put in my Go kit
Thermometer			
Pain reliever/fever			
reducer for <u>adults:</u>			
Acetaminophen,			
ibuprophen or aspirin			
Pain Reliever/fever			
reducer for <u>children:</u>			
Acetaminophen,			
ibuprophen, liquid or			
chewable			
Antacid			
Laxative			
Anti-diarrhea medication			
Prescription medication			
First Aid Kit & manual			
Adhesive bandages			
Large sterile dressing			
Sterile gauze			
Triangular bandage			
Disposable gloves			
Surgical masks			
Cold pack			
Adhesive tape			
Antiseptic towelettes			
Antiseptic ointment			
CPR breathing barrier			
Scissors			
Tweezers			
Thermal emergency			
blanket			
Pre-mixed electrolyte			
solution (like Pedialyte)			
Sugar, baking soda, salt,			
& salt substitute for			
oral rehydration solution			
Other			

Equipment	l <u>need</u> this item	l <u>have</u> this item	Put in my Go kit
Portable radio with			
extra batteries	_	_	_
NOAA weather radio			
Flashlight with extra batteries			
Matches in a waterproof			
container	-		-
Lantern			
Candles			
Light sticks			
Pocket knife			
Scissors			
		—	
Wrench to shut off gas & water			
Pliers			
Screwdrivers			
Shovel			
Signal flare			
Rope/ String			
	-		-
Duct tape			
Plastic sheeting (heavy duty)			
Whistle			
ABC-type fire extinguisher			
Tube tent			
Compass			
Work gloves			
Paper, pens & pencils			
Needle & thread			
Travel alarm clock			
Other			

Put all of these ite	ms in vo	ur Go K	it .	
Put all of these items in your Go Kit				
ID, Keys, Cash,	l <u>need</u> this	l <u>have</u> this	my Go	
Maps, etc.	item	item	kit	
Personal identification				
Emergency contacts with				
phone #'s				
Cash & coins				
Credit/ATM cards				
Extra set of house &				
car keys				
Maps of the area				
Copies of Documents				
Driver's license				
Social Security cards				
Passports				
Birth certificate				
Divorce Settlement				
Adoption Certificate				
Naturalization Records				
Armed Forces Service				
Records				
Diplomas				
Wills				
Deeds				
Inventory of household				
goods				
Insurance papers				
Immunizations records				
Pet immunization				
records				
Bank, credit card,				
& personal finance				
account numbers				
Other				